

deflecto®



**Do more, strain less.**

Success starts  
with the solid  
foundation of a  
Deflecto chair mat.





## Success is built from the ground up.

You wouldn't build a house on a pile of sand, so why struggle with an office chair on heavy carpet?

It doesn't make sense to spend hundreds, or even thousands of dollars on an ergonomic desk chair if you have to strain, push, or pull your way around your workspace.

Deflecto's chair mats provide a smooth stable rolling surface. This can reduce strain and stress on the body, prevent muscle fatigue and protect your floors.

**95%  
SITTING**



On average, an office worker spends 95% of their day sitting.\*

**8 hr  
300x**



In an 8 hour workday, the average office worker will move their chair more than 300 times.\*

**1 in 3  
DAYS  
LOST**



1-in-3 workdays lost to injury/illness are caused by musculoskeletal injuries resulting from poor ergonomics.\*

**REDUCE  
STRESS**



A chair mat provides smooth mobility, reducing the amount of stress on one's back.

**+11%  
EFFICIENCY**



Proper office ergonomics can increase productivity by an average of 11%.\*

**DON'T  
forget  
the chair mat®**

Protect your people.  
Protect your flooring.  
Protect your investment.

**Find the right chair mat for your office:**

[deflecto.com/chairmatchchooser](http://deflecto.com/chairmatchchooser)



\* Ergonomics in the Workplace. Ergonomics Info - How to Create a User-friendly Home and Office. Web accessed March 2017.

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